

# ST KILIAN'S NATIONAL SCHOOL

Ní Neart Go Cur le Chéile

## Imlitir 1 (Newsletter)

### Mí Meán Fómhair

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**Welcome Back:** I would like to take this opportunity to welcome all our pupils and staff back to school. It is great to see everybody settling so well especially our junior infants. Almost all our new starters are entering school independently. If however your child is struggling to leave you at the gate in the morning, please encourage him/her to go with a member of staff. Contact the class teacher if you are continuing to have difficulty.

Contact details: Our **new school phone number** 046) 9242323.

Office email: [mullaghns@gmail.com](mailto:mullaghns@gmail.com)

Principal's email: [rmacnam12@gmail.com](mailto:rmacnam12@gmail.com)

Blog: <http://stkilianmullagh.scoilnet.ie/blog>

**Be On Time for School:** We would really like all pupils to be in school for 8.50am. Team teaching initiatives such as Ready Set Go Maths and Enhancing Literacy will commence in classrooms very soon. We aim to begin these as close to 8.50am as possible. Pupils should not arrive at the front gate before 8.35am. Once admitted, pupils go directly to their classrooms. Pupils arriving late from Monday 11<sup>th</sup> next will receive a Reminder Card to be signed by parents/guardians and returned to school. **Avoid approaching your child's teacher at collection time.** Make an appointment or phone the school on 046) 9242323 if you wish to speak to the teacher. It is not appropriate or professional to have a parent teacher meeting at the gate or on the footpath.

I really appreciate parents' efforts to keep the area outside the school car free. It is making a very positive impact on the safety of all coming to school and of course to the air that we breathe. If you are one of the few parents who still insist on driving by the school, doing a U-turn to drop your child and then driving back down again, then I would

ask you to consider the following: What would happen if all 250 families attempted to do the same?

Please remember we are very lucky to have ample car parking in the vicinity of our school and in particular behind the old school.

### Help Us to Help Your Child at School.

**Gaeilge Neamh, Mé Féin.** These are the phrases we are working on this month at school. Wouldn't it be fun to work on these at home, or in the car or while out for a walk?

Dia duit. Dia is Muire Duit.

Cad is ainm duit? \_\_\_\_\_ is ainm dom. Cé tusa? Is mise \_\_\_\_\_.

Cén rang ina bhfuil tú? (class) Tá mé i Rang a hAon.

Cén aois thú? (age)

Cad is ainm do do mhúinteoir? An tUas Ó Conrú is ainm dó. (Teacher's name?)

Cén seomra ranga ina bhfuil tú? Tá mé i seomra darb ainm Corr na gCoille (Classroom name?).

Did you know that all our classrooms are named after townlands in and around Mullagh?

**Línte Gníomhaíochta Gach Lá.** Pupils are exercising twice daily for one minute after breaks 'as Gaeilge'.



This week they are working hard on:

Bogaigí (rithigí) ar an spota **go mall** (slowly)... **bígí ar bhur dtapa** (fast) **níos tapúla** (faster)...**chomh tapa agus is féidir libh**

**Smile!** Our infants will have their class photos taken by the Anglo Celt on Thursday 14th next week. They should appear in the following week's newspaper.

**Imlitreacha (Newsletters):** Fortnightly newsletters are usually sent out on Fridays. Being a Green School, we issue them by email. Parents who are separated may request two copies. Contact Liz in the office if this is the case.

**Healthy Lunches:** Please remember the following:

- Children attending our school may not bring sweets, chocolate, fizzy drinks or crisps for lunch.
- The most effective way to plan a healthy lunch is to include one food from each of the food groups - one piece of fruit, milk/yoghurt, two slices of bread and meat/poultry/cheese.



- Parents are requested not to send foods with nuts in them due to children attending the school with nut allergies.
- Children are given the opportunity to eat lunch before both breaks.

**Attendance Policy.** Attendance has always been strong in our school. However this has changed dramatically since Covid as is reflected in the numbers below:

Number of pupil days lost last year - 6454.

Total number of pupils who missed 20 or more days - 113

We need to address this area over the coming year.

We are currently working on a Draft Attendance Policy which we hope to present to parents at The Parents' Assoc. AGM next month.

**Hurling:** East Cavan Gaels Hurling Club begin their after school hurling programme in the region starting next week.

This programme is for both boys and girls and all are welcome.

Schedule for after school hurling.

Thursdays Mullagh @ Mullagh Community Sports Centre. From 14th September.

U7 2.30pm

U9 3.30pm

U12 4.30pm.

All sessions €3 each. Helmets and hurleys are supplied while learning but if you have your own helmet then please use it.

Further info....Willie 086 164 9280

## Rugby World Cup Fever in St. Kilian's N.S.



Jon Watt Rugby Coach returned to us this week to work with 5th and 6th Classes.

## Zeeko Internet Safety Seminars - Monday 16<sup>th</sup> Oct.

### *Why do we need these seminars?*

OVER 25% of primary school aged children have faced cyberbullying in the past year according to a new report. Posting pictures without permission, creation of fake profiles, and being excluded from chat groups were amongst the commonly reported forms of such behaviour.

Over a quarter of the 5,000 children surveyed had seen or experienced something online in the last year that "bothered" them, defined as content that scared them, upset them or made them wish they hadn't seen it.

Nearly half of the younger children (46%) didn't tell a parent or trusted adult about this experience, rising to 67% for secondary school children in this position.

Zeeko will visit us on Monday 22<sup>nd</sup> Oct to teach children how to use the Internet safely and responsibly.

There will also be a module for parents on Zoom under the following headings.

- Set safety settings
- Protect children's digital footprint
- Talk children's language
- Protect children against cyberbullying and stranger danger
- Stop children from excessive internet use
- Safeguard against inappropriate content

Please see below for the Zoom links for the virtual seminars.

You are invited to a Zoom meeting.

- When: Oct 16, 2023 07:00 PM Dublin
- Register in advance for this meeting:
- [https://us02web.zoom.us/meeting/register/tZAodumpqDgoEta\\_8pyNV0dFWXaeNIQKGI3b](https://us02web.zoom.us/meeting/register/tZAodumpqDgoEta_8pyNV0dFWXaeNIQKGI3b)
- After registering, you will receive a confirmation email containing information about joining the meeting.

There will be a **€5 charge** per family payable from Monday 9<sup>th</sup> October.

### Oisín Carolan Paid a Visit to his Old School During the Week



"I used to look up to Mr. Rowe, look at me now!"



## Getting Down to Earth in 6th Class

Natural dyes come from sources found in nature such as plants and fruit. Using natural dyes is better for the environment as they are biodegradable and non-toxic.



Since returning to school, 6th Class have been working with natural materials from around the school. We have been dyeing paper using leaves and plants found outside in the school garden. The dyed paper has been used to create beautiful handmade books.



Alongside eco-dyeing, we have been making our own inks, dyes and pigments using plants and tree bark that we have found growing in the local environment.



Some pupils in the class have been experimenting at home also. We are currently building up a store of natural colours which we hope to use during the year in our classroom.

