

St. Kilian's National School

Ní Neart Go Cur le Chéile

Imlitir 10 (Newsletter)

Mí Feabhra

Global Congenital Heart Disease Awareness Month.



Eddie Foley from Junior Infants with his teacher Ms. Corrigan. Eddie will appear on Virgin Media's Ireland AM on Saturday with his Dad to promote **Global Congenital Heart Disease Awareness Month**. Eddie was 6 yesterday. Happy Birthday!

School Accounts. Our school accountant submitted our annual school accounts to the FSSU this week. This submission fulfils the financial reporting obligations of the Department of Education, the Charities Regulator, the Charities Act 2009 and the Central Statistics Office. A summary annual account is available for parents on request from Liz in the office.

School Photographs. The school photographer will be here on Thursday 29th of February. There will be no obligation to buy.

Our School Website. Parents and pupils are encouraged to check out our new website.

<http://www.stkiliansnsmullagh.ie>

School Ethos. Grandparents joined us for tea on Grandparents Day.



Lent began on Ash Wednesday 14th February. It is a time for reflection, prayer, growth and new beginnings. At this difficult time in the world, we all need to pray for peace and reflect on how we can be better and help others in need.

All classes were brought to receive ashes on Wednesday. Thank you to Ms. Traynor and Fr. Paul for organising this.

All classes have committed to attend Mass at least twice during Lent.

Uniform The following uniform must be worn by all pupils: A school tracksuit top, a navy tracksuit bottom, a polo shirt in red, white, blue or navy. **'Figure hugging' leggings are inappropriate for school.** Pupils should not wear unsuitable headgear, wristbands, jewellery, fake nails etc. Children need to be dressed appropriately for a primary school setting, able to play in the yard, take part in PE activities, dance etc... **There will be a full uniform check next week. Reminder cards will be issued for non-compliance.**

Attendance: We are anxious that parents be aware of the absolute necessity for regular, punctual attendance at school and that we all work together to improve this area. We are currently tracking those pupils who continually leave early especially on a Friday!

6th Class Volleyball



On Monday after midterm, 37 sixth class pupils traveled to the ALSAA in Dublin to compete in the North East Volleyball primary schools competition.

It was an incredibly enjoyable experience for our 6 teams.

We played against schools from Cavan, Louth, Kildare and Dublin.

Every team made the quarter finals and 3 of our teams made their respective finals. Our boys team lost their final in extra time to a strong Dublin school. Our girls teams ended up both qualifying for the final, which also went to extra time in thrilling circumstances.

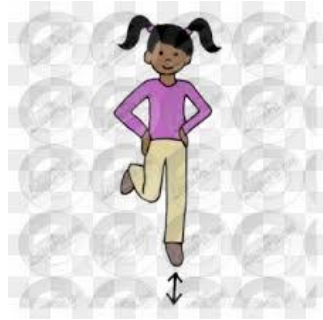
On March 11th, our girls' team will represent the North East Region in the National Championships in Limerick. We wish them the best of luck.



Teaching and Learning at Home. *Growth Mindset Message.* I support and encourage other learners. We learn so much from each other. We should always be open to helping and working with others. The teacher learns so much from helping and encouraging other learners.

Línte Gníomhaíochta. We do exercises 'as Gaeilge' every day at school. Our Irish and our fitness are improving - even the teachers! Here's one to practice at home. Your child should be able to help.

Preabaigí ar leathchois, ar dheis ar dtús, **anois ar chlé.**



Hop on one foot!

Growth Mindset and Problem Solving. 4th Class

I'm brilliant at this!

Growth Mindset: I embrace challenge. Think about what this message means before you read the problem.

Which would you prefer,



€1 every day for the rest of your life or



€100 every month for 10 years?

Work it out box!

Work it out. Write your answer to your question in the box below..

Senior Infants, An tEanach. Maths Everywhere!

We are welcoming our new maths curriculum into our school. Senior Infants enjoy playing games and having fun as they discover that maths is all around them!



St. Brigid's Day

We were very happy to welcome spring into our classroom on St. Brigid's Day. Lots of children brought rushes into school and Fr. Paul was able to distribute some crosses to people in our parish.



Valentine's Day

Love is certainly in the air as you walk down our corridors! Senior Infants put a wonderful effort into their balloon artwork that they hope to give to someone special! They also made these cards to let their families know how much they love them!



Lá Fliuch

We enjoy learning poems in Senior Infants in English and as Gaeilge! Our poems can inspire lots of our artwork just like these lovely pictures for a poem we learned called

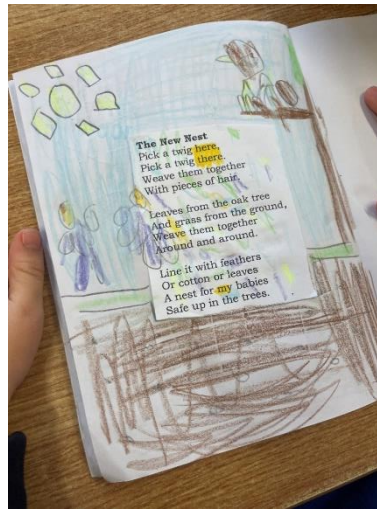
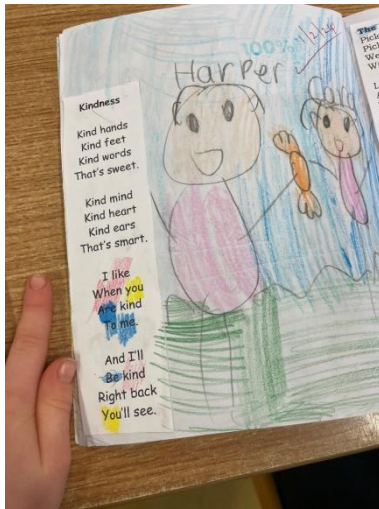
Lá Fliuch



A Poem for Everything!

There really is a poem for everything! Senior Infants take great pride in creating beautiful illustrations for all the poems they learn. They are also very good at spotting

"Tricky Words" in them! They have learned some lovely poems lately; "Kindness" inspired by St, Brigid and "The New Nest" inspired by all the busy birds making new nests in the trees that we can see from our classroom!



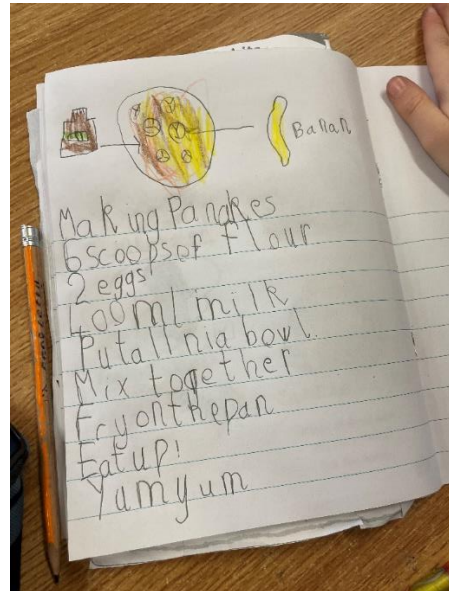
Taking care of the Birds!

Senior Infants have created their very own Bird Houses and New Nests to ensure all little birds have a home this springtime! They have also been learning the names of some birds that they may spot in their gardens this springtime!



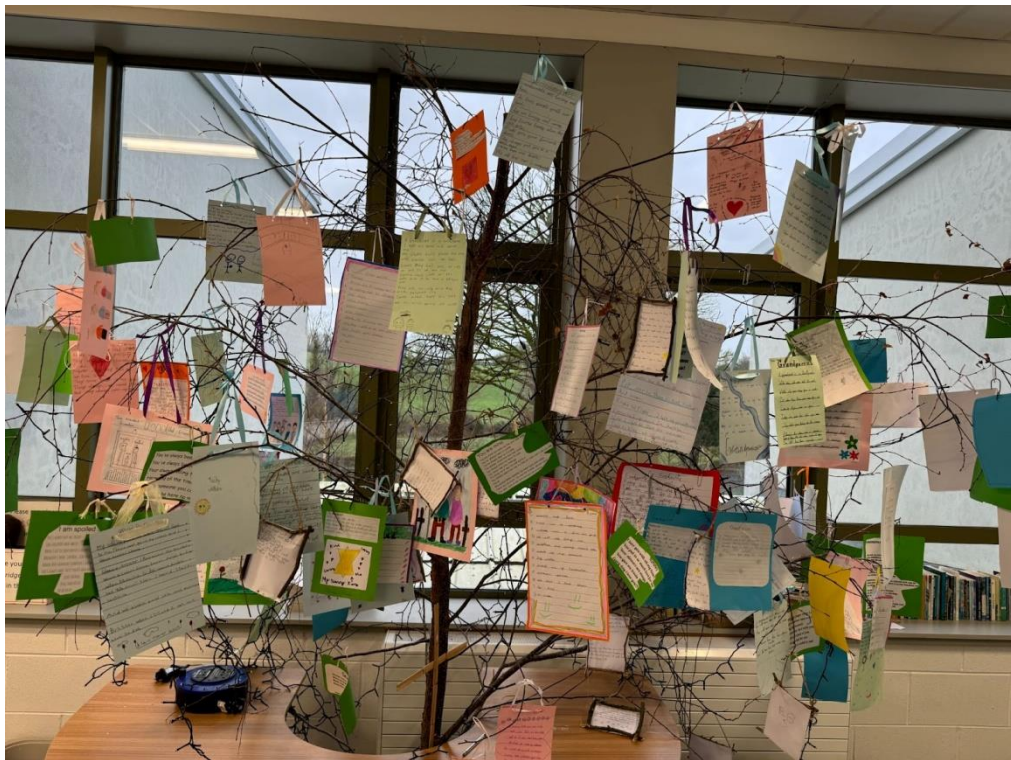
Pancake Tuesday

Pancake Tuesday was lots of fun in Senior Infants! We measured out the ingredients and made the batter, then we wrote our very own procedure as Ms Traynor fried the pancakes! Yum, yum!



5th Class pupils representing Cavan Eagles Basketball Club present Mr. Mac Namara with a set of basketballs for the school. All classes have now completed their basketball classes over 6 weeks with Cavan Eagles.

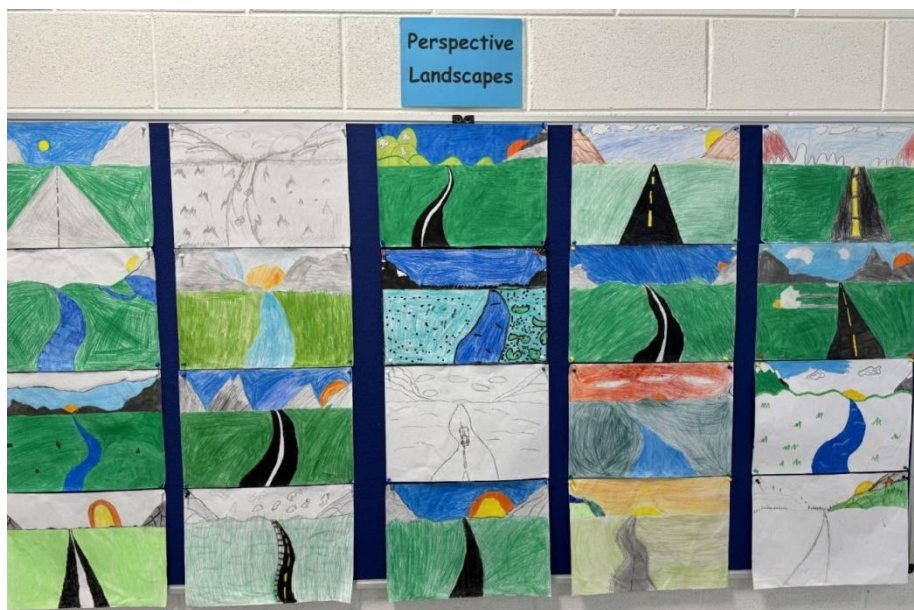
Rang 5, Corr na gCoille: We celebrated Grandparents' Day on Wednesday, February 7th. We wrote poems about our grandparents and gathered Words of Wisdom from them. All classes attended a special ceremony in the Church and grandparents were invited back to the school for tea and coffee afterwards. Members of the Student Council brought grandparents on a tour of the school. They visited the tree upstairs to see the poems we wrote and pictures we drew. They even had time to pop into classrooms to surprise a few grandchildren. It was a lovely day filled with special moments for everyone to treasure.



Basketball lessons finished up last week after a six week block. We really enjoyed practising and developing moving, bouncing, dribbling, passing, shooting and other important skills involved in the game of basketball. We would like to say a big thank you to our coach Emilia from Cavan Eagles Basketball Club.



In art, we learned about perspective drawing. We drew landscape pictures to demonstrate perspective.



We also made cards for Valentine's Day.



The 100th Day of School

On Wednesday February 7th, we celebrated the 100th day of school. 5th class pupils came up with a variety of tasks and exercises to do with the number 100. Mr. Rowe set the stopwatch on the whiteboard to 1 hr 40 mins (100 mins) and we began our activities.

We started off by counting up to 100, as *Gaeilge*, while passing the ball to one another. We had 100 seconds to do it and we succeeded with 19 seconds to spare. We also managed to throw and catch the ball 100 times without dropping it. Lillie and Tyler were given the task of flipping a euro coin 100 times. The result was 50 heads and 50 tails. We predicted and then investigated how many times we needed to roll a die until we reached 100. It took 29 rolls, 1 less roll compared to last year's result.



In small groups, we took part in a variety of other challenges. Two groups were successful in making standing towers using 100 building cubes. When they were finished, they made designs using exactly 100 cubes. Meanwhile, two groups of girls and boys kept busy joining 100 links and measuring things in the school, which are of the same length. The boys found that the distance between Ms. Doyle's classroom door and Ms. Maddison's door is approximately 100 links. The girls discovered that the perimeter of the bookshelf outside Ms. Denning's room measures precisely 100 links. Pupils examined the English dictionary to find the 100th word. There were a few different types of dictionary so we ended up with different 100th words. They were 'acclimatisation', 'account', and 'accrue'. Kayden and Moustafa counted out 100 lollipop sticks and used these to represent the present year, 2024. Other groups used 100 discs to make the number 100, to represent the 100th Day.

During P.E., we all attempted skipping with a rope for 100 seconds. Ella, Lucy and Rebecca succeeded. Nobody managed the difficult task of hula-hooping for 100 seconds without dropping the hula-hoop but Rebecca kept going the longest which was 40 seconds. We also attempted to do 100 keepy-ups without letting the ball hit the ground. Pupils took turns kicking 100 penalties. We carefully recorded the results. Out of 100 penalties, 31 were scored, which is just under a third. Pupils worked in pairs to

first pass a football over and back to one another 100 times. Mikie and Noah were the first to achieve this without dropping the ball.

The whole class formed a large circle and we were successful in passing a rugby ball 100 times without dropping it. This was achieved on the second attempt. Some pupils in the class worked together to shoot 100 basketball hoops. We used the trundle wheel to measure 100 metres in distance. We then had a few very exciting 100 metre races. Bonnie was the winner of the girls' race while Johnny was the first of the boys over the line. We then had a girls vs boys 100 metre race and Johnny crossed the finish line first in a time of 16.47 seconds. The whole class worked together to complete 100 laps of the astro turf. Each pupil had to run 5 laps in order to achieve this feat.

5th class were given the task of writing stories, which had to be exactly 100 words long. After lots of editing they managed to finish their stories and read some of them out to the class. During art, some pupils made 'Snakes and Ladders' boards out of A-3 card. We are going to laminate these game boards and donate them to junior classes. Pupils also took turns, in small groups, recording 100 vehicles passing by the school. This took just over an hour. We recorded 70 cars, 27 vans, 1 bus and 2 tractors. No lorries, motorbikes or bicycles passed by the school during this time.

In history, we learned about events that occurred 100 years ago, in the year 1924. We recorded these events in our SESE hardbacks. Finally, we had to write a story about what life might be like in 100 years time. The class clearly have wild imaginations as there were some fascinating stories produced. We all had a great 100th day of school.



Cavan Children and Young People's Service - Child & Family Agency

All parents are invited to a Coffee Morning to discuss after school activities for young people in Mullagh. Have your say in St Killian's Heritage Centre. Drop in on Thursday 21st March, 9.15am to 12.30pm:

Coffee Morning..... Have your say!



Join us for a casual conversation about current events and share your thoughts on Mullagh

- What is working well?
- What is needed?
- What activities are missing?

Thursday 21st March
9.15am to 12pm
St Killian's Heritage Centre



BREIFNE COLLEGE PRESENTS

CONNECTING PARENTS

THURSDAY, 7TH OF MARCH 3:30PM TO 6PM

HEALTH & WELLBEING, MENTAL HEALTH, SUICIDE, BEREAVEMENT SUPPORTS, LGBTI SERVICES, YOUTH WORK, SPORTS & CREATIVE LEISURE TIME ACTIVITIES, PARENTING SUPPORT, DRUG AND ALCOHOL SUPPORTS, COUNSELLING SERVICES AND MUCH MORE

TEA/COFFEE AND LIGHT REFRESHMENTS WILL BE AVAILABLE

An illustration of four diverse people (two men and two women) hugging each other in a supportive group hug.

AN INITIATIVE WHICH AIMS TO CONNECT PARENTS TO MEET AND HEAR FROM LOCAL SUPPORT SERVICES
IN PARTNERSHIP WITH CAVAN MONAGHAN PLANET YOUTH